# Lecture 9: Policy Gradient Methods

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In this lecture, we will move

- from value-based methods to policy-based methods
- from value function methods to policy function methods (or called policy gradient methods)

## 1 Basic idea of policy gradient

## 2 Metrics to define optimal policies

- Metric 1: Average value
- Metric 2: Average reward
- Summary of the two metrics

### **3** Gradients of the metrics

4 Gradient-ascent algorithm

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Previously, policies have been represented by tables:

• The action probabilities of all states are stored in a table  $\pi(a|s)$ . Each entry of the table is indexed by a state and an action.

	$a_1$	$a_2$	$a_3$	$a_4$	$a_5$
$s_1$	$\pi(a_1 s_1)$	$\pi(a_2 s_1)$	$\pi(a_3 s_1)$	$\pi(a_4 s_1)$	$\pi(a_5 s_1)$
:	:	:	:	:	:
$s_9$	$\pi(a_1 s_9)$	$\pi(a_2 s_9)$	$\pi(a_3 s_9)$	$\pi(a_4 s_9)$	$\pi(a_5 s_9)$

Now, policies can be represented by parameterized functions:

 $\pi(a|s,\theta)$ 

where  $\theta \in \mathbb{R}^m$  is a parameter vector.

- The function can be, for example, a neural network, whose input is s, output is the probability to take each action, and parameter is θ.
- Advantage: when the state space is large, the tabular representation will be of low efficiency in terms of storage and generalization.
- The function representation is also sometimes written as  $\pi(a, s, \theta)$ ,  $\pi_{\theta}(a|s)$ , or  $\pi_{\theta}(a, s)$ .

#### Differences between tabular and function representations:

- First, how to define optimal policies?
  - In the tabular case, a policy  $\pi$  is optimal if it can maximize *every state* value.
  - In the function case, a policy  $\pi$  is optimal if it can maximize certain *scalar metrics*.

#### Differences between tabular and function representations:

- Second, how to access the probability of an action?
  - In the tabular case, the probability of taking *a* at *s* can be directly accessed by looking up the tabular policy.
  - In the function case, we need to calculate the value of  $\pi(a|s,\theta)$  given the function structure and the parameter.

#### Differences between tabular and function representations:

- Third, how to update policies?
  - In the tabular case, a policy  $\pi$  can be updated by directly changing the entries in the table.
  - In the function case, a policy  $\pi$  cannot be updated in this way anymore. Instead, it can only be updated by changing the parameter  $\theta$ .

The basic idea of the policy gradient is simple:

- First, metrics (or objective functions) to define optimal policies:  $J(\theta)$ , which can define optimal policies.
- Second, gradient-based optimization algorithms to search for optimal policies:

$$\theta_{t+1} = \theta_t + \alpha \nabla_\theta J(\theta_t)$$

Although the idea is simple, the complication emerges when we try to answer the following questions.

- What appropriate metrics should be used?
- How to calculate the gradients of the metrics?

These questions will be answered in detail in this lecture.

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### Metric 1: Average value

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The first metric is the average state value or simply called average value:

$$\bar{v}_{\pi} = \sum_{s \in \mathcal{S}} d(s) v_{\pi}(s)$$

- $\bar{v}_{\pi}$  is a weighted average of the state values.
- $d(s) \ge 0$  is the weight for state s.

Since  $\sum_{s\in\mathcal{S}}d(s)=1,$  we can interpret d(s) as a probability distribution. Then, the metric can be written as

$$\bar{v}_{\pi} = \mathbb{E}_{S \sim d}[v_{\pi}(S)]$$

## Metric 1: average value

How to select the distribution d? There are two cases.

Case 1: d is **independent** of the policy  $\pi$ .

- This case is relatively simple because the gradient of the metric is easier to calculate:  $\nabla_{\theta} \bar{v}_{\pi} = d^T \nabla_{\theta} v_{\pi}$
- In this case, we specifically denote d as  $d_0$  and  $\bar{v}_{\pi}$  as  $\bar{v}_{\pi}^0$ .

How to select  $d_0$ ?

- One trivial way is to treat all the states equally important and hence select  $d_0(s) = 1/|\mathcal{S}|.$
- Another important case is that we are only interested in a specific state s<sub>0</sub>.
   For example, the episodes in some tasks always start from the same state s<sub>0</sub>.
   Then, we only care about the long-term return starting from s<sub>0</sub>. In this case,

$$d_0(s_0) = 1, \quad d_0(s \neq s_0) = 0$$

In this case,  $\bar{v}_{\pi} = v_{\pi}(s_0)$ 

### How to select the distribution d? There are two cases.

## Case 2: d depends on the policy $\pi$ .

- A common way is to select d as d<sub>π</sub>(s), which is the stationary distribution under π. Details of stationary distribution can be found in the last lecture and the book.
- The interpretation of selecting  $d_{\pi}$  is as follows.
  - $d_{\pi}$  reflects the long-run behavior of the Markov decision process under a given policy  $\pi$ .
  - If one state is frequently visited in the long run, it is more important and deserves more weight.
  - If a state is hardly visited, then we give it less weight.

#### An important equivalent expression:

You will see the following metric often in the literature:

$$J(\theta) = \lim_{n \to \infty} \mathbb{E}\left[\sum_{t=0}^{n} \gamma^{t} R_{t+1}\right] = \mathbb{E}\left[\sum_{t=0}^{\infty} \gamma^{t} R_{t+1}\right].$$

Question: What is its relationship to the metric we introduced just now? Answer: They are the same. That is because

$$J(\theta) = \mathbb{E}\left[\sum_{t=0}^{\infty} \gamma^t R_{t+1}\right] = \sum_{s \in S} d(s) \mathbb{E}\left[\sum_{t=0}^{\infty} \gamma^t R_{t+1} | S_0 = s\right]$$
$$= \sum_{s \in S} d(s) v_{\pi}(s)$$
$$= \overline{v}_{\pi}$$

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The second metric is average one-step reward or simply average reward:

$$\bar{r}_{\pi} \doteq \sum_{s \in \mathcal{S}} d_{\pi}(s) r_{\pi}(s) = \mathbb{E}[r_{\pi}(S)],$$

where  $S \sim d_{\pi}$ ,

$$r_{\pi}(s) = \sum_{a \in \mathcal{A}} \pi(a|s) r(s,a)$$

$$r(s,a) = \mathbb{E}[R|s,a] = \sum_{r} rp(r|s,a)$$

#### Remarks:

- $\bar{r}_{\pi}$  is simply a weighted average of immediate rewards.
- $r_{\pi}(s)$  is the average immediate reward that can be obtained from s.
- $d_{\pi}$  is the stationary distribution.

### An important equivalent expression:

- Suppose an agent follows a given policy and generate a trajectory with the rewards as  $(R_1, R_2, \ldots)$ .
- The average single-step reward along this trajectory is

$$\lim_{n \to \infty} \frac{1}{n} \mathbb{E} \Big[ R_1 + R_2 + \dots + R_n | S_0 = s_0 \Big]$$
$$= \lim_{n \to \infty} \frac{1}{n} \mathbb{E} \left[ \sum_{t=0}^{n-1} R_{t+1} | S_0 = s_0 \right]$$

where  $s_0$  is the starting state of the trajectory.

An important fact is that

$$\lim_{n \to \infty} \frac{1}{n} \mathbb{E} \left[ \sum_{t=0}^{n-1} R_{t+1} | S_0 = s_0 \right] = \lim_{n \to \infty} \frac{1}{n} \mathbb{E} \left[ \sum_{t=0}^{n-1} R_{t+1} \right]$$
$$= \sum_s d_\pi(s) r_\pi(s)$$
$$= \bar{r}_\pi$$

Remarks:

- Highlight: the starting state  $s_0$  does not matter.
- The derivation of the equation is nontrivial and can be found in my book.

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Metric	Expression 1	Expression 2	Expression 3
$\bar{v}_{\pi}$	$\sum_{s\in\mathcal{S}} d(s)v_{\pi}(s)$	$\mathbb{E}_{S \sim d}[v_{\pi}(S)]$	$\lim_{n \to \infty} \mathbb{E} \left[ \sum_{t=0}^{n} \gamma^{t} R_{t+1} \right]$
$\bar{r}_{\pi}$	$\sum_{s\in\mathcal{S}} d_{\pi}(s) r_{\pi}(s)$	$\mathbb{E}_{S \sim d_{\pi}}[r_{\pi}(S)]$	$\lim_{n \to \infty} \frac{1}{n} \mathbb{E} \left[ \sum_{t=0}^{n-1} R_{t+1} \right]$

Table: Summary of the different but equivalent expressions of  $\bar{v}_{\pi}$  and  $\bar{r}_{\pi}$ .

#### Remark 1 about the metrics:

- All these metrics are functions of  $\pi$ .
- Since  $\pi$  is parameterized by  $\theta$ , these metrics are functions of  $\theta$ .
- In other words, different values of  $\theta$  can generate different metric values.

Therefore, we can search for the optimal values of  $\theta$  to maximize these metrics. This is the basic idea of policy gradient methods.

### Remark 2 about the metrics:

- One complication is that the metrics can be defined in either the discounted case where  $\gamma \in (0, 1)$  or the undiscounted case where  $\gamma = 1$ .
- The undiscounted case is nontrivial.
- We only consider the discounted case so far in this book. For details about the undiscounted case, see the book.

### Remark 3 about the metrics:

- What is the relationship between  $\bar{r}_{\pi}$  and  $\bar{v}_{\pi}$ ?
- The two metrics are equivalent (not equal) to each other. Specifically, in the discounted case where  $\gamma < 1$ , it holds that

$$\bar{r}_{\pi} = (1 - \gamma)\bar{v}_{\pi}.$$

Therefore, they can be maximized simultaneously. See the proof in the book.

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Given a metric, we next

- derive its gradient
- and then, apply gradient-based methods to optimize the metric.

The gradient calculation is one of the most complicated parts of policy gradient methods! That is because

- first, we need to distinguish different metrics  $\bar{v}_{\pi}$ ,  $\bar{r}_{\pi}$ ,  $\bar{v}_{\pi}^0$
- second, we need to distinguish discounted and undiscounted cases.

I simply give the expression of the gradient without proof:

$$\nabla_{\theta} J(\theta) = \sum_{s \in \mathcal{S}} \eta(s) \sum_{a \in \mathcal{A}} \nabla_{\theta} \pi(a|s, \theta) q_{\pi}(s, a)$$

The above is a unified expression of many cases:

- $J(\theta)$  can be  $\bar{v}_{\pi}$ ,  $\bar{r}_{\pi}$ , or  $\bar{v}_{\pi}^{0}$ .
- "=" may denote strict equality, approximation, or proportional to.
- $\eta$  is a distribution or weight of the states.

The derivation of this expression is very complex.

Details are not given here. Interested readers can read my book.

For most readers, it is sufficient to know this expression.

#### A compact and important expression of the gradient:

$$\nabla_{\theta} J(\theta) = \sum_{s \in S} \eta(s) \sum_{a \in \mathcal{A}} \nabla_{\theta} \pi(a|s, \theta) q_{\pi}(s, a)$$
$$= \mathbb{E}_{S \sim \eta, A \sim \pi} \left[ \nabla_{\theta} \ln \pi(A|S, \theta) q_{\pi}(S, A) \right]$$

## First, why is this expression useful?

• Because we can use samples to approximate the gradient:

$$\nabla_{\theta} J \approx \nabla_{\theta} \ln \pi(a|s,\theta) q_{\pi}(s,a)$$

where s, a are samples. This is the idea of stochastic gradient descent.

#### A compact and important expression of the gradient:

$$\nabla_{\theta} J(\theta) = \sum_{s \in \mathcal{S}} \eta(s) \sum_{a \in \mathcal{A}} \nabla_{\theta} \pi(a|s, \theta) q_{\pi}(s, a)$$
$$= \mathbb{E}_{S \sim \eta, A \sim \pi} \left[ \nabla_{\theta} \ln \pi(A|S, \theta) q_{\pi}(S, A) \right]$$

#### Second, how to prove the above equation?

Proof: Consider the function  $\ln \pi$  where  $\ln$  is the natural logarithm. It is easy to see that

$$abla_{ heta} \ln \pi(a|s, \theta) = rac{
abla_{ heta} \pi(a|s, \theta)}{\pi(a|s, \theta)}$$

and hence

$$\nabla_{\theta} \pi(a|s,\theta) = \pi(a|s,\theta) \nabla_{\theta} \ln \pi(a|s,\theta).$$

### A compact and important expression of the gradient:

$$\nabla_{\theta} J(\theta) = \sum_{s \in S} \eta(s) \sum_{a \in A} \nabla_{\theta} \pi(a|s, \theta) q_{\pi}(s, a)$$
$$= \mathbb{E}_{S \sim \eta, A \sim \pi} \left[ \nabla_{\theta} \ln \pi(A|S, \theta) q_{\pi}(S, A) \right]$$

Proof (continued): Then, we have

$$\nabla_{\theta} J = \sum_{s} \eta(s) \sum_{a} \nabla_{\theta} \pi(a|s,\theta) q_{\pi}(s,a)$$
$$= \sum_{s} \eta(s) \sum_{a} \pi(a|s,\theta) \nabla_{\theta} \ln \pi(a|s,\theta) q_{\pi}(s,a)$$
$$= \mathbb{E}_{S \sim \eta} \left[ \sum_{a} \pi(a|S,\theta) \nabla_{\theta} \ln \pi(a|S,\theta) q_{\pi}(S,a) \right]$$
$$= \mathbb{E}_{S \sim \eta, A \sim \pi} \left[ \nabla_{\theta} \ln \pi(A|S,\theta) q_{\pi}(S,A) \right]$$

**Remarks:** It is required by  $\ln \pi(a|s,\theta)$  that for any  $s, a, \theta$ 

 $\pi(a|s,\theta)>0$ 

- This can be achieved by using softmax functions that can normalize the entries in a vector from  $(-\infty, +\infty)$  to (0, 1).
  - For example, for any vector  $x = [x_1, \ldots, x_n]^T$ ,

$$z_i = \frac{e^{x_i}}{\sum_{j=1}^n e^{x_j}}$$

where  $z_i \in (0, 1)$  and  $\sum_{i=1}^{n} z_i = 1$ .

• Specifically, the policy function has the form of

$$\pi(a|s,\theta) = \frac{e^{h(s,a,\theta)}}{\sum_{a' \in \mathcal{A}} e^{h(s,a',\theta)}}$$

where  $h(s, a, \theta)$  is another function to be learned.

### **Remarks:**

- Such a form based on the softmax function can be realized by a neural network whose input is s and parameter is  $\theta$ . The network has  $|\mathcal{A}|$  outputs, each of which corresponds to  $\pi(a|s,\theta)$  for an action a. The activation function of the output layer should be softmax.
- Since π(a|s, θ) > 0 for all a, the parameterized policy is stochastic and hence exploratory.
  - There also exist deterministic policy gradient (DPG) methods. We will study in the next lecture.

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Now, we present the first policy gradient algorithm to find optimal policies! 1) The gradient-ascent algorithm maximizing  $J(\theta)$  is

$$\begin{aligned} \partial_{t+1} &= \theta_t + \alpha \nabla_{\theta} J(\theta_t) \\ &= \theta_t + \alpha \mathbb{E} \Big[ \nabla_{\theta} \ln \pi(A|S, \theta_t) q_{\pi}(S, A) \Big] \end{aligned}$$

2) Since the true gradient is unknown, we can replace it by a stochastic one:

$$\theta_{t+1} = \theta_t + \alpha \nabla_\theta \ln \pi(a_t | s_t, \theta_t) q_\pi(s_t, a_t)$$

3) Furthermore, since  $q_{\pi}$  is unknown, it can be replaced by an estimate:

$$\theta_{t+1} = \theta_t + \alpha \nabla_\theta \ln \pi(a_t | s_t, \theta_t) q_t(s_t, a_t)$$

## Gradient-ascent algorithm

- If  $q_{\pi}(s_t, a_t)$  is estimated by Monte Carlo estimation, the algorithm has a specifics name, REINFORCE.
- REINFORCE is one of earliest and simplest policy gradient algorithms.
- Many other policy gradient algorithms such as the actor-critic methods can be obtained by extending REINFORCE (next lecture).

Pseudocode: Policy Gradient by Monte Carlo (REINFORCE)

Remark 1: How to do sampling?

$$\mathbb{E}_{S \sim \eta, A \sim \pi} \Big[ \nabla_{\theta} \ln \pi(A|S, \theta_t) q_{\pi}(S, A) \Big] \longrightarrow \nabla_{\theta} \ln \pi(a|s, \theta_t) q_{\pi}(s, a)$$

- How to sample S?
  - $S\sim\eta,$  where the distribution  $\eta$  is a long-run behavior under  $\pi.$
  - In practice, people usually do not care about it.
- How to sample A?
  - $A \sim \pi(A|S, \theta)$ . Hence,  $a_t$  should be sampled following  $\pi(\theta_t)$  at  $s_t$ .
  - Therefore, policy gradient methods are on-policy.

### Remark 2: How to interpret this algorithm?

Since

$$\nabla_{\theta} \ln \pi(a_t | s_t, \theta_t) = \frac{\nabla_{\theta} \pi(a_t | s_t, \theta_t)}{\pi(a_t | s_t, \theta_t)}$$

the algorithm can be rewritten as

$$\begin{aligned} \theta_{t+1} &= \theta_t + \alpha \nabla_{\theta} \ln \pi(a_t | s_t, \theta_t) q_t(s_t, a_t) \\ &= \theta_t + \alpha \underbrace{\left(\frac{q_t(s_t, a_t)}{\pi(a_t | s_t, \theta_t)}\right)}_{\beta_t} \nabla_{\theta} \pi(a_t | s_t, \theta_t). \end{aligned}$$

Therefore, we have the important expression of the algorithm:

 $\theta_{t+1} = \theta_t + \alpha \beta_t \nabla_\theta \pi(a_t | s_t, \theta_t)$ 

The interpretation of

 $\theta_{t+1} = \theta_t + \alpha \beta_t \nabla_\theta \pi(a_t | s_t, \theta_t)$ 

is as follows. Suppose that  $\boldsymbol{\alpha}$  is sufficiently small.

### Interpretation:

• If  $\beta_t > 0$ , the probability of choosing  $(s_t, a_t)$  is increased:

 $\pi(a_t|s_t, \theta_{t+1}) > \pi(a_t|s_t, \theta_t)$ 

• If  $\beta_t < 0$ , the probability of choosing  $(s_t, a_t)$  is lower:

 $\pi(a_t|s_t,\theta_{t+1}) < \pi(a_t|s_t,\theta_t)$ 

**Math:** When  $\theta_{t+1} - \theta_t$  is sufficiently small, the definition of differential implies

$$\begin{aligned} \pi(a_t|s_t, \theta_{t+1}) &\approx \pi(a_t|s_t, \theta_t) + (\nabla_{\theta}\pi(a_t|s_t, \theta_t))^T(\theta_{t+1} - \theta_t) \\ &= \pi(a_t|s_t, \theta_t) + \alpha\beta_t(\nabla_{\theta}\pi(a_t|s_t, \theta_t))^T(\nabla_{\theta}\pi(a_t|s_t, \theta_t)) \\ &= \pi(a_t|s_t, \theta_t) + \alpha\beta_t \|\nabla_{\theta}\pi(a_t|s_t, \theta_t)\|^2 \end{aligned}$$

## Gradient-ascent algorithm

$$\theta_{t+1} = \theta_t + \alpha \underbrace{\left(\frac{q_t(s_t, a_t)}{\pi(a_t|s_t, \theta_t)}\right)}_{\beta_t} \nabla_{\theta} \pi(a_t|s_t, \theta_t)$$

Interpretation (continued):  $\beta_t$  can balance exploration and exploitation.

The reason is as follows.

• First,  $\beta_t$  is proportional to  $q_t(s_t, a_t)$ .

greater 
$$q_t(s_t, a_t) \Longrightarrow$$
 greater  $\beta_t \Longrightarrow$  greater  $\pi(a_t|s_t, \theta_{t+1})$ 

Therefore, the algorithm intends to exploit actions with greater values.

• Second,  $\beta_t$  is inversely proportional to  $\pi(a_t|s_t, \theta_t)$  (when  $q_t(s_t, a_t) > 0$ ).

smaller 
$$\pi(a_t|s_t, \theta_t) \Longrightarrow$$
 greater  $\beta_t \Longrightarrow$  greater  $\pi(a_t|s_t, \theta_{t+1})$ 

Therefore, the algorithm intends to explore actions that have low probabilities.

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- A special case: REINFORCE

Next lecture: Actor-critic