## Appendix A

### **Preliminaries for Probability Theory**

Reinforcement learning heavily relies on probability theory. We next summarize some concepts and results frequently used in this book.

◊ Random variable: The term "variable" indicates that a random variable can take values from a set of numbers. The term "random" indicates that taking a value must follow a probability distribution.

A random variable is usually denoted by a capital letter. Its value is usually denoted by a lowercase letter. For example, X is a random variable, and x is a value that Xcan take.

This book mainly considers the case where a random variable can only take a finite number of values. A random variable can be a scalar or a vector.

Like normal variables, random variables have normal mathematical operations such as summation, product, and absolute value. For example, if X, Y are two random variables, we can calculate X + Y, X + 1, and XY.

 $\diamond$  A stochastic sequence is a sequence of random variables.

One scenario we often encounter is collecting a stochastic sampling sequence  $\{x_i\}_{i=1}^n$  of a random variable X. For example, consider the task of tossing a die n times. Let  $x_i$  be a random variable representing the value obtained for the *i*th toss. Then,  $\{x_1, x_2, \ldots, x_n\}$  is a stochastic process.

It may be confusing to beginners why  $x_i$  is a random variable instead of a deterministic value. In fact, if the sampling sequence is  $\{1,6,3,5,\ldots\}$ , then this sequence is not a stochastic sequence because all the elements are already determined. However, if we use a variable  $x_i$  to represent the values that can possibly be sampled, it is a random variable since  $x_i$  can take any value in  $\{1,\ldots,6\}$ . Although  $x_i$  is a lowercase letter, it still represents a random variable.

♦ Probability: The notation p(X = x) or  $p_X(x)$  describes the probability of the random variable X taking the value x. When the context is clear, p(X = x) is often written as p(x) for short.

♦ Joint probability: The notation p(X = x, Y = y) or p(x, y) describes the probability of the random variable X taking the value x and Y taking the value y. One useful identity is as follows:

$$\sum_{y} p(x, y) = p(x).$$

♦ Conditional probability: The notation p(X = x | A = a) describes the probability of the random variable X taking the value x given that the random variable A has already taken the value a. We often write p(X = x | A = a) as p(x | a) for short.

It holds that

$$p(x,a) = p(x|a)p(a)$$

and

$$p(x|a) = \frac{p(x,a)}{p(a)}.$$

Since  $p(x) = \sum_{a} p(x, a)$ , we have

$$p(x) = \sum_{a} p(x, a) = \sum_{a} p(x|a)p(a),$$

which is called the *law of total probability*.

 $\diamond$  Independence: Two random variables are *independent* if the sampling value of one random variable does not affect the other. Mathematically, X and Y are independent if

$$p(x,y) = p(x)p(y).$$

Since p(x, y) = p(x|y)p(y), the above equation implies

$$p(x|y) = p(x).$$

 $\diamond$  Conditional independence: Let X, A, B be three random variables. X is said to be conditionally independent of A given B if

$$p(X = x | A = a, B = b) = p(X = x | B = b).$$

In the context of reinforcement learning, consider three consecutive states:  $s_t, s_{t+1}, s_{t+2}$ . Since they are obtained consecutively,  $s_{t+2}$  is dependent on  $s_{t+1}$  and also  $s_t$ . However, if  $s_{t+1}$  is already given, then  $s_{t+2}$  is conditionally independent of  $s_t$ . That is

$$p(s_{t+2}|s_{t+1}, s_t) = p(s_{t+2}|s_{t+1}).$$

This is also the memoryless property of Markov processes.

 $\diamond$  Law of total probability: The law of total probability was already mentioned when we

introduced the concept of conditional probability. Due to its importance, we list it again below:

$$p(x) = \sum_{y} p(x, y)$$

and

$$p(x|a) = \sum_{y} p(x, y|a).$$

◊ Chain rule of conditional probability and joint probability. By the definition of conditional probability, we have

$$p(a,b) = p(a|b)p(b).$$

This can be extended to

$$p(a,b,c) = p(a|b,c)p(b,c) = p(a|b,c)p(b|c)p(c)$$

and hence p(a, b, c)/p(c) = p(a, b|c) = p(a|b, c)p(b|c). The fact that p(a, b|c) = p(a|b, c)p(b|c) implies the following property:

$$p(x|a) = \sum_{b} p(x, b|a) = \sum_{b} p(x|b, a)p(b|a).$$

 $\diamond$  Expectation/expected value/mean: Suppose that X is a random variable and the probability of taking the value x is p(x). The expectation, expected value, or mean of X is defined as

$$\mathbb{E}[X] = \sum_{x} p(x)x.$$

The linearity property of expectation is

$$\mathbb{E}[X+Y] = \mathbb{E}[X] + \mathbb{E}[Y],$$
$$\mathbb{E}[aX] = a\mathbb{E}[X].$$

The second equation above can be trivially proven by definition. The first equation is proven below:

$$\begin{split} \mathbb{E}[X+Y] &= \sum_{x} \sum_{y} (x+y) p(X=x,Y=y) \\ &= \sum_{x} x \sum_{y} p(x,y) + \sum_{y} y \sum_{x} p(x,y) \\ &= \sum_{x} x p(x) + \sum_{y} y p(y) \\ &= \mathbb{E}[X] + \mathbb{E}[Y]. \end{split}$$

Due to the linearity of expectation, we have the following useful fact:

$$\mathbb{E}\left[\sum_{i} a_{i} X_{i}\right] = \sum_{i} a_{i} \mathbb{E}[X_{i}].$$

Similarly, it can be proven that

$$\mathbb{E}[AX] = A\mathbb{E}[X],$$

where  $A \in \mathbb{R}^{n \times n}$  is a deterministic matrix and  $X \in \mathbb{R}^n$  is a random vector.

 $\diamond$  Conditional expectation: The definition of conditional expectation is

$$\mathbb{E}[X|A=a] = \sum_{x} xp(x|a).$$

Similar to the law of total probability, we have the *law of total expectation*:

$$\mathbb{E}[X] = \sum_{a} \mathbb{E}[X|A = a]p(a).$$

The proof is as follows. By the definition of expectation, it holds that

$$\sum_{a} \mathbb{E}[X|A = a]p(a) = \sum_{a} \left[\sum_{x} p(x|a)x\right] p(a)$$
$$= \sum_{x} \sum_{a} p(x|a)p(a)x$$
$$= \sum_{x} \left[\sum_{a} p(x|a)p(a)\right] x$$
$$= \sum_{x} p(x)x$$
$$= \mathbb{E}[X].$$

The law of total expectation is frequently used in reinforcement learning. Similarly, conditional expectation satisfies

$$\mathbb{E}[X|A=a] = \sum_{b} \mathbb{E}[X|A=a, B=b]p(b|a).$$

This equation is useful in the derivation of the Bellman equation. A hint of its proof is the chain rule: p(x|a, b)p(b|a) = p(x, b|a).

Finally, it is worth noting that  $\mathbb{E}[X|A = a]$  is different from  $\mathbb{E}[X|A]$ . The former is a value, whereas the latter is a random variable. In fact,  $\mathbb{E}[X|A]$  is a function of the random variable A. We need rigorous probability theory to define  $\mathbb{E}[X|A]$ .

♦ Gradient of expectation: Let  $f(X, \beta)$  be a scalar function of a random variable X and a deterministic parameter vector  $\beta$ . Then,

$$\nabla_{\beta} \mathbb{E}[f(X,\beta)] = \mathbb{E}[\nabla_{\beta} f(X,\beta)]$$

Proof: Since  $\mathbb{E}[f(X,\beta)] = \sum_{x} f(x,a)p(x)$ , we have  $\nabla_{\beta}\mathbb{E}[f(X,\beta)] = \nabla_{\beta}\sum_{x} f(x,a)p(x) = \sum_{x} \nabla_{\beta}f(x,a)p(x) = \mathbb{E}[\nabla_{\beta}f(X,\beta)].$ 

♦ Variance, covariance, covariance matrix: For a single random variable X, its variance is defined as  $\operatorname{var}(X) = \mathbb{E}[(X - \bar{X})^2]$ , where  $\bar{X} = \mathbb{E}[X]$ . For two random variables X, Y, their covariance is defined as  $\operatorname{cov}(X, Y) = \mathbb{E}[(X - \bar{X})(Y - \bar{Y})]$ . For a random vector  $X = [X_1, \ldots, X_n]^T$ , the covariance matrix of X is defined as  $\operatorname{var}(X) \doteq \Sigma = \mathbb{E}[(X - \bar{X})(X - \bar{X})^T] \in \mathbb{R}^{n \times n}$ . The *ij*th entry of  $\Sigma$  is  $[\Sigma]_{ij} = \mathbb{E}[[X - \bar{X}]_i[X - \bar{X}]_j] = \mathbb{E}[(X_i - \bar{X}_i)(X_j - \bar{X}_j)] = \operatorname{cov}(X_i, X_j)$ . One trivial property is  $\operatorname{var}(a) = 0$  if a is deterministic. Moreover, it can be verified that  $\operatorname{var}(AX + a) = \operatorname{var}(AX) = A\operatorname{var}(X)A^T = A\Sigma A^T$ .

Some useful facts are summarized below.

- Fact:  $\mathbb{E}[(X \bar{X})(Y \bar{Y})] = \mathbb{E}[XY] \bar{X}\bar{Y} = \mathbb{E}[XY] \mathbb{E}[X]\mathbb{E}[Y].$ Proof:  $\mathbb{E}[(X - \bar{X})(Y - \bar{Y})] = \mathbb{E}[XY - X\bar{Y} - \bar{X}Y + \bar{X}\bar{Y}] = \mathbb{E}[XY] - \mathbb{E}[X]\bar{Y} - \bar{X}\mathbb{E}[Y] + \bar{X}\bar{Y} = \mathbb{E}[XY] - \mathbb{E}[X]\mathbb{E}[Y] - \mathbb{E}[X]\mathbb{E}[Y] + \mathbb{E}[X]\mathbb{E}[Y] = \mathbb{E}[XY] - \mathbb{E}[X]\mathbb{E}[Y].$
- Fact:  $\mathbb{E}[XY] = \mathbb{E}[X]\mathbb{E}[Y]$  if X, Y are independent. Proof:  $\mathbb{E}[XY] = \sum_x \sum_y p(x, y)xy = \sum_x \sum_y p(x)p(y)xy = \sum_x p(x)x \sum_y p(y)y = \mathbb{E}[X]\mathbb{E}[Y].$
- Fact: cov(X, Y) = 0 if X, Y are independent.

Proof: When X, Y are independent,  $\operatorname{cov}(X, Y) = \mathbb{E}[XY] - \mathbb{E}[X]\mathbb{E}[Y] = \mathbb{E}[X]\mathbb{E}[Y] - \mathbb{E}[X]\mathbb{E}[Y] = 0.$ 

### Appendix B

# Measure-Theoretic Probability Theory

We now briefly introduce measure-theoretic probability theory, which is also called rigorous probability theory. We only present basic notions and results. Comprehensive introductions can be found in [96–98]. Moreover, measure-theoretic probability theory requires some basic knowledge of measure theory, which is not covered here. Interested readers may refer to [99].

The reader may wonder if it is necessary to understand measure-theoretic probability theory before studying reinforcement learning. The answer is yes if the reader is interested in rigorously analyzing the convergence of stochastic sequences. For example, we often encounter the notion of *almost sure* convergence in Chapter 6 and Chapter 7. This notion is taken from measure-theoretic probability theory. If the reader is not interested in the convergence of stochastic sequences, it is okay to skip this part.

#### Probability triples

A *probability triple* is fundamental for establishing measure-theoretic probability theory. It is also called a probability space or probability measure space. A probability triple consists of three ingredients.

 $\diamond$   $\Omega$ : This is a set called the *sample space* (or outcome space). Any element (or point) in  $\Omega$ , denoted as  $\omega$ , is called an *outcome*. This set contains all the possible outcomes of a random sampling process.

Example: When playing a game of dice, we have six possible outcomes  $\{1, 2, 3, 4, 5, 6\}$ . Hence,  $\Omega = \{1, 2, 3, 4, 5, 6\}$ .

 $\diamond$   $\mathcal{F}$ : This is a set called the *event space*. In particular, it is a  $\sigma$ -algebra (or  $\sigma$ -field) of  $\Omega$ . The definition of a  $\sigma$ -algebra is given in Box B.1. An element in  $\mathcal{F}$ , denoted as A, is called an *event*. An *elementary event* refers to a single outcome in the sample space. An event may be an elementary event or a combination of multiple elementary events.

Example: Consider the game of dice. An example of an elementary event is "the number you get is i", where  $i \in \{1, \ldots, 6\}$ . An example of a nonelementary event is "the number you get is greater than 3". We care about such an event in practice because, for example, we can win the game if this event occurs. This event is mathematically expressed as  $A = \{\omega \in \Omega : \omega > 3\}$ . Since  $\Omega = \{1, 2, 3, 4, 5, 6\}$  in this case, we have  $A = \{4, 5, 6\}$ .

♦ P: This is a probability measure, which is a mapping from  $\mathcal{F}$  to [0, 1]. Any  $A \in \mathcal{F}$  is a set that contains some points in Ω. Then,  $\mathbb{P}(A)$  is the measure of this set.

Example: If  $A = \Omega$ , which contains all  $\omega$  values, then  $\mathbb{P}(A) = 1$ ; if  $A = \emptyset$ , then  $\mathbb{P}(A) = 0$ . In the game of dice, consider the event "the number you get is greater than 3". In this case,  $A = \{\omega \in \Omega : \omega > 3\}$ , and  $\Omega = \{1, 2, 3, 4, 5, 6\}$ . Then, we have  $A = \{4, 5, 6\}$  and hence  $\mathbb{P}(A) = 1/2$ . That is, the probability of us rolling a number greater than 3 is 1/2.

#### Box B.1: Definition of a $\sigma$ -algebra

An algebra of  $\Omega$  is a set of some subsets of  $\Omega$  that satisfy certain conditions. A  $\sigma$ -algebra is a specific and important type of algebra. In particular, denote  $\mathcal{F}$  as a  $\sigma$ -algebra. Then, it must satisfy the following conditions.

- $\diamond \quad \mathcal{F} \text{ contains } \emptyset \text{ and } \Omega;$
- $\diamond$   $\mathcal{F}$  is closed under complements;
- $\diamond$   $\mathcal{F}$  is closed under countable unions and intersections.

The  $\sigma$ -algebras of a given  $\Omega$  are not unique.  $\mathcal{F}$  may contain all the subsets of  $\Omega$ , and it may also merely contain some of them as long as it satisfies the above three conditions (see the examples below). Moreover, the three conditions are not independent. For example, if  $\mathcal{F}$  contains  $\Omega$  and is closed under complements, then it naturally contains  $\emptyset$ . More information can be found in [96–98].

◊ Example: When playing the dice game, we have Ω = {1,2,3,4,5,6}. Then, F = {Ω, ∅, {1,2,3}, {4,5,6}} is a σ-algebra. The above three conditions can be easily verified. There are also other σ-algebras such as {Ω, ∅, {1,2,3,4,5}, {6}}. Moreover, for any Ω with finite elements, the collection of all the subsets of Ω is a σ-algebra.

#### Random variables

Based on the notion of probability triples, we can formally define random variables. They are called variables, but they are actually functions that map from  $\Omega$  to  $\mathbb{R}$ . In particular,

a random variable assigns each outcome in  $\Omega$  a numerical value, and hence it is a function:  $X(\omega) : \Omega \to \mathbb{R}.$ 

Not all mappings from  $\Omega$  to  $\mathbb{R}$  are random variables. The formal definition of a random variable is as follows. A function  $X : \Omega \to \mathbb{R}$  is a random variable if

$$A = \{\omega \in \Omega | X(\omega) \le x\} \in \mathcal{F}$$

for all  $x \in \mathbb{R}$ . This definition indicates that X is a random variable only if  $X(\omega) \leq x$  is an event in  $\mathcal{F}$ . More information can be found in [96, Section 3.1].

#### Expectation of random variables

The definition of the expectation of general random variables is sophisticated. Here, we only consider the special yet important case of simple random variables. In particular, a random variable is *simple* if  $X(\omega)$  only takes a finite number of values. Let  $\mathcal{X}$  be the set of all the possible values that X can take. A simple random variable is a function:  $X(w): \Omega \to \mathcal{X}$ . It can be defined in a closed form as

$$X(\omega) \doteq \sum_{x \in \mathcal{X}} x \mathbb{1}_{A_x}(\omega),$$

where

$$A_x = \{\omega \in \Omega | X(\omega) = x\} \doteq X^{-1}(x)$$

and

$$\mathbb{1}_{A_x}(\omega) \doteq \begin{cases} 1, & \omega \in A_x, \\ 0, & \text{otherwise.} \end{cases}$$
(B.1)

Here,  $\mathbb{1}_{A_x}(\omega)$  is an *indicator function*  $\mathbb{1}_{A_x}(\omega) : \Omega \to \{0, 1\}$ . If  $\omega$  is mapped to x, the indicator function equals one; otherwise, it equals zero. It is possible that multiple  $\omega$ 's in  $\Omega$  map to the same value in  $\mathcal{X}$ , but a single  $\omega$  cannot be mapped to multiple values in  $\mathcal{X}$ .

With the above preparation, the expectation of a simple random variable is defined as

$$\mathbb{E}[X] \doteq \sum_{x \in \mathcal{X}} x \mathbb{P}(A_x), \tag{B.2}$$

where

$$A_x = \{ \omega \in \Omega | X(\omega) = x \}.$$

The definition in (B.2) is similar to but more formal than the definition of expectation in the nonmeasure-theoretic case:  $\mathbb{E}[X] = \sum_{x \in \mathcal{X}} xp(x)$ .

As a demonstrative example, we next calculate the expectation of the indicator func-

tion in (B.1). It is notable that the indicator function is also a random variable that maps  $\Omega$  to  $\{0,1\}$  [96, Proposition 3.1.5]. As a result, we can calculate its expectation. In particular, consider the indicator function  $\mathbb{1}_A$  where A denotes any event. We have

$$\mathbb{E}[\mathbb{1}_A] = \mathbb{P}(A).$$

To prove that, we have

$$\mathbb{E}[\mathbb{1}_A] = \sum_{z \in \{0,1\}} z \mathbb{P}(\mathbb{1}_A = z)$$
$$= 0 \cdot \mathbb{P}(\mathbb{1}_A = 0) + 1 \cdot \mathbb{P}(\mathbb{1}_A = 1)$$
$$= \mathbb{P}(\mathbb{1}_A = 1)$$
$$= \mathbb{P}(A).$$

More properties of indicator functions can be found in [100, Chapter 24].

#### Conditional expectation as a random variable

While the expectation in (B.2) maps random variables to a specific value, we next introduce a conditional expectation that maps random variables to another random variable.

Suppose that X, Y, Z are all random variables. Consider three cases. First, a conditional expectation like  $\mathbb{E}[X|Y=2]$  or  $\mathbb{E}[X|Y=5]$  is specific *number*. Second,  $\mathbb{E}[X|Y=y]$ , where y is a variable, is a *function* of y. Third,  $\mathbb{E}[X|Y]$ , where Y is a random variable, is a function of Y and hence also a *random variable*. Since  $\mathbb{E}[X|Y]$  is also a random variable, we can calculate, for example, its expectation.

We next examine the third case closely since it frequently emerges in the convergence analyses of stochastic sequences. The rigorous definition is not covered here and can be found in [96, Chapter 13]. We merely present some useful properties [101].

**Lemma B.1** (Basic properties). Let X, Y, Z be random variables. The following properties hold.

(a)  $\mathbb{E}[a|Y] = a$ , where a is a given number.

(b) 
$$\mathbb{E}[aX + bZ|Y] = a\mathbb{E}[X|Y] + b\mathbb{E}[Z|Y]$$

- (c)  $\mathbb{E}[X|Y] = \mathbb{E}[X]$  if X, Y are independent.
- (d)  $\mathbb{E}[Xf(Y)|Y] = f(Y)\mathbb{E}[X|Y].$
- (e)  $\mathbb{E}[f(Y)|Y] = f(Y).$
- (f)  $\mathbb{E}[X|Y, f(Y)] = \mathbb{E}[X|Y].$
- (g) If  $X \ge 0$ , then  $\mathbb{E}[X|Y] \ge 0$ .
- (h) If  $X \ge Z$ , then  $\mathbb{E}[X|Y] \ge \mathbb{E}[Z|Y]$ .

*Proof.* We only prove some properties. The others can be proven similarly.

To prove  $\mathbb{E}[a|Y] = a$  as in (a), we can show that  $\mathbb{E}[a|Y = y] = a$  is valid for any y that Y can possibly take. This is clearly true, and the proof is complete.

To prove the property in (d), we can show that  $\mathbb{E}[Xf(Y)|Y = y] = f(Y = y)\mathbb{E}[X|Y = y]$  for any y. This is valid because  $\mathbb{E}[Xf(Y)|Y = y] = \sum_{x} xf(y)p(x|y) = f(y)\sum_{x} xp(x|y) = f(y)\mathbb{E}[X|Y = y]$ .

Since  $\mathbb{E}[X|Y]$  is a random variable, we can calculate its expectation. The related properties are presented below. These properties are useful for analyzing the convergence of stochastic sequences.

**Lemma B.2.** Let X, Y, Z be random variables. The following properties hold.

- (a)  $\mathbb{E}[\mathbb{E}[X|Y]] = \mathbb{E}[X].$
- (b)  $\mathbb{E}[\mathbb{E}[X|Y,Z]] = \mathbb{E}[X].$
- (c)  $\mathbb{E}[\mathbb{E}[X|Y]|Y] = \mathbb{E}[X|Y].$

*Proof.* To prove the property in (a), we need to show that  $\mathbb{E}[\mathbb{E}[X|Y = y]] = \mathbb{E}[X]$  for any y that Y can possibly take. To that end, considering that  $\mathbb{E}[X|Y]$  is a function of Y, we denote it as  $f(Y) = \mathbb{E}[X|Y]$ . Then,

$$\mathbb{E}\left[\mathbb{E}[X|Y]\right] = \mathbb{E}\left[f(Y)\right] = \sum_{y} f(Y=y)p(y)$$
$$= \sum_{y} \mathbb{E}[X|Y=y]p(y)$$
$$= \sum_{y} \left(\sum_{x} xp(x|y)\right)p(y)$$
$$= \sum_{x} x \sum_{y} p(x|y)p(y)$$
$$= \sum_{x} x \sum_{y} p(x,y)$$
$$= \sum_{x} xp(x)$$
$$= \mathbb{E}[X].$$

The proof of the property in (b) is similar. In particular, we have

$$\mathbb{E}\big[\mathbb{E}[X|Y,Z]\big] = \sum_{y,z} \mathbb{E}[X|y,z]p(y,z) = \sum_{y,z} \sum_{x} xp(x|y,z)p(y,z) = \sum_{x} xp(x) = \mathbb{E}[X].$$

The proof of the property in (c) follows immediately from property (e) in Lemma B.1. That is because  $\mathbb{E}[X|Y]$  is a function of Y. We denote this function as f(Y). It then follows that  $\mathbb{E}[\mathbb{E}[X|Y]|Y] = \mathbb{E}[f(Y)|Y] = f(Y) = \mathbb{E}[X|Y]$ .

#### Definitions of stochastic convergence

One main reason why we care about measure-theoretic probability theory is that it can rigorously describe the convergence properties of stochastic sequences.

Consider the stochastic sequence  $\{X_k\} \doteq \{X_1, X_2, \ldots, X_k, \ldots\}$ . Each element in this sequence is a random variable defined on a triple  $(\Omega, \mathcal{F}, \mathbb{P})$ . When we say  $\{X_k\}$  converges to a random variable X, we should be careful since there are different types of convergence as shown below.

 $\diamond$  Sure convergence:

Definition:  $\{X_k\}$  converges surely (or everywhere or pointwise) to X if

$$\lim_{k \to \infty} X_k(\omega) = X(\omega), \quad \text{for all } \omega \in \Omega.$$

It means that  $\lim_{k\to\infty} X_k(\omega) = X(\omega)$  is valid for *all* points in  $\Omega$ . This definition can be equivalently stated as

$$A = \Omega$$
 where  $A = \left\{ \omega \in \Omega : \lim_{k \to \infty} X_k(\omega) = X(\omega) \right\}.$ 

 $\diamond$  Almost sure convergence:

Definition:  $\{X_k\}$  converges almost surely (or almost everywhere or with probability 1 or w.p.1) to X if

$$\mathbb{P}(A) = 1 \quad \text{where} \quad A = \left\{ \omega \in \Omega : \lim_{k \to \infty} X_k(\omega) = X(\omega) \right\}.$$
(B.3)

It means that  $\lim_{k\to\infty} X_k(\omega) = X(\omega)$  is valid for *almost all* points in  $\Omega$ . The points, for which this limit is invalid, form a set of zero measure. For the sake of simplicity, (B.3) is often written as

$$\mathbb{P}\left(\lim_{k\to\infty}X_k=X\right)=1.$$

Almost sure convergence can be denoted as  $X_k \xrightarrow{a.s.} X$ .

*♦ Convergence in probability:* 

Definition:  $\{X_k\}$  converges in probability to X if for any  $\epsilon > 0$ ,

$$\lim_{k \to \infty} \mathbb{P}(A_k) = 0 \quad \text{where} \quad A_k = \{ \omega \in \Omega : |X_k(\omega) - X(\omega)| > \epsilon \}.$$
(B.4)

For simplicity, (B.4) can be written as

$$\lim_{k \to \infty} \mathbb{P}(|X_k - X| > \epsilon) = 0.$$

The difference between convergence in probability and (almost) sure convergence is as follows. Both sure convergence and almost sure convergence first evaluate the convergence of every point in  $\Omega$  and then check the measure of these points that converge. By contrast, convergence in probability first checks the points that satisfy  $|X_k - X| > \epsilon$  and then evaluates if the measure will converge to zero as  $k \to \infty$ .

*♦ Convergence in mean:* 

Definition:  $\{X_k\}$  converges in the r-th mean (or in the  $L^r$  norm) to X if

$$\lim_{k \to \infty} \mathbb{E}[|X_k - X|^r] = 0.$$

The most frequently used cases are r = 1 and r = 2. It is worth mentioning that convergence in mean is not equivalent to  $\lim_{k\to\infty} \mathbb{E}[X_k - X] = 0$  or  $\lim_{k\to\infty} \mathbb{E}[X_k] = \mathbb{E}[X]$ , which indicates that  $\mathbb{E}[X_k]$  converges but the variance may not.

*♦ Convergence in distribution:* 

Definition: The *cumulative distribution function* of  $X_k$  is defined as  $\mathbb{P}(X_k \leq a)$  where  $a \in \mathbb{R}$ . Then,  $\{X_k\}$  converges to X in distribution if the cumulative distribution function converges:

$$\lim_{k \to \infty} \mathbb{P}(X_k \le a) = \mathbb{P}(X \le a), \quad \text{for all } a \in \mathbb{R}.$$

A compact expression is

$$\lim_{k \to \infty} \mathbb{P}(A_k) = \mathbb{P}(A),$$

where

$$A_k \doteq \{\omega \in \Omega : X_k(\omega) \le a\}, \quad A \doteq \{\omega \in \Omega : X(\omega) \le a\}.$$

The relationships between the above types of convergence are given below:

almost sure convergence  $\Rightarrow$  convergence in probability  $\Rightarrow$  convergence in distribution convergence in mean  $\Rightarrow$  convergence in probability  $\Rightarrow$  convergence in distribution

Almost sure convergence and convergence in mean do not imply each other. More information can be found in [102].

## Appendix C

### **Convergence of Sequences**

We next introduce some results about the convergence of deterministic and stochastic sequences. These results are useful for analyzing the convergence of reinforcement learning algorithms such as those in Chapters 6 and 7.

We first consider deterministic sequences and then stochastic sequences.

### C.1 Convergence of deterministic sequences

#### Convergence of monotonic sequences

Consider a sequence  $\{x_k\} \doteq \{x_1, x_2, \ldots, x_k, \ldots\}$  where  $x_k \in \mathbb{R}$ . Suppose that this sequence is deterministic in the sense that  $x_k$  is not a random variable.

One of the most well-known convergence results is that a nonincreasing sequence with a lower bound converges. The following is a formal statement of this result.

**Theorem C.1** (Convergence of monotonic sequences). If the sequence  $\{x_k\}$  is nonincreasing and bounded from below:

- $\diamond$  Nonincreasing:  $x_{k+1} \leq x_k$  for all k;
- $\diamond \quad Lower \ bound: \ x_k \geq \alpha \ for \ all \ k;$

then  $x_k$  converges to a limit, which is the infimum of  $\{x_k\}$ , as  $k \to \infty$ .

Similarly, if  $\{x_k\}$  is *nondecreasing* and bounded from above, then the sequence is convergent.

#### Convergence of nonmonotonic sequences

We next analyze the convergence of *nonmonotonic* sequences.

To analyze the convergence of nonmonotonic sequences, we introduce the following useful operator [103]. For any  $z \in \mathbb{R}$ , define

$$z^{+} \doteq \begin{cases} z, & \text{if } z \ge 0, \\ 0, & \text{if } z < 0, \end{cases}$$
$$z^{-} \doteq \begin{cases} z, & \text{if } z \le 0, \\ 0, & \text{if } z > 0. \end{cases}$$

It is obvious that  $z^+ \ge 0$  and  $z^- \le 0$  for any z. Moreover, it holds that

 $z = z^+ + z^-$ 

for all  $z \in \mathbb{R}$ .

To analyze the convergence of  $\{x_k\}$ , we rewrite  $x_k$  as

$$x_{k} = x_{k} - x_{k-1} + x_{k-1} - x_{k-2} + \dots - x_{2} + x_{2} - x_{1} + x_{1}$$
  
= 
$$\sum_{i=1}^{k-1} (x_{i+1} - x_{i}) + x_{1}$$
  
= 
$$S_{k} + x_{1},$$
 (C.1)

where  $S_k \doteq \sum_{i=1}^{k-1} (x_{i+1} - x_i)$ . Note that  $S_k$  can be decomposed as

$$S_k = \sum_{i=1}^{k-1} (x_{i+1} - x_i) = S_k^+ + S_k^-,$$

where

$$S_k^+ = \sum_{i=1}^{k-1} (x_{i+1} - x_i)^+ \ge 0, \qquad S_k^- = \sum_{i=1}^{k-1} (x_{i+1} - x_i)^- \le 0.$$

Some useful properties of  $S_k^+$  and  $S_k^-$  are given below.

- $\diamond \quad \{S_k^+ \ge 0\} \text{ is a nondecreasing sequence since } S_{k+1}^+ \ge S_k^+ \text{ for all } k.$
- $\diamond \quad \{S_k^- \leq 0\} \text{ is a nonincreasing sequence since } S_{k+1}^- \leq S_k^- \text{ for all } k.$
- ♦ If  $S_k^+$  is bounded from above, then  $S_k^-$  is bounded from below. This is because  $S_k^- \ge -S_k^+ x_1$  due to the fact that  $S_k^- + S_k^+ + x_1 = x_k \ge 0$ .

With the above preparation, we can show the following result.

Theorem C.2 (Convergence of nonmonotonic sequences). For any nonnegative sequence

 $\{x_k \ge 0\}, if$ 

$$\sum_{k=1}^{\infty} (x_{k+1} - x_k)^+ < \infty, \tag{C.2}$$

then  $\{x_k\}$  converges as  $k \to \infty$ .

Proof. First, the condition  $\sum_{k=1}^{\infty} (x_{k+1} - x_k)^+ < \infty$  indicates that  $S_k^+ = \sum_{i=1}^{k-1} (x_{i+1} - x_i)^+$  is bounded from above for all k. Since  $\{S_k^+\}$  is nondecreasing, the convergence of  $\{S_k^+\}$  immediately follows from Theorem C.1. Suppose that  $S_k^+$  converges to  $S_*^+$ . Second, the boundedness of  $S_k^+$  implies that  $S_k^-$  is bounded from below since  $S_k^- \ge -S_k^+ - x_1$ . Since  $\{S_k^-\}$  is nonincreasing, the convergence of  $\{S_k^-\}$  immediately

follows from Theorem C.1. Suppose that  $S_k^-$  converges to  $S_*^-$ . Finally, since  $x_k = S_k^+ + S_k^- + x_1$ , as shown in (C.1), the convergence of  $S_k^+$  and

 $S_k^-$  implies that  $\{x_k\}$  converges to  $S_*^+ + S_*^- + x_1$ .

Theorem C.2 is more general than Theorem C.1 because it allows  $x_k$  to increase as long as the increase is damped as in (C.2). In the monotonic case, Theorem C.2 still applies. In particular, if  $x_{k+1} \leq x_k$ , then  $\sum_{k=1}^{\infty} (x_{k+1} - x_k)^+ = 0$ . In this case, (C.2) is still satisfied and the convergence follows.

We next consider a special yet importance case. Suppose that  $\{x_k \ge 0\}$  is a nonnegative sequence satisfying

$$x_{k+1} \le x_k + \eta_k.$$

When  $\eta_k = 0$ , we have  $x_{k+1} \leq x_k$ , meaning that the sequence is monotonic. When  $\eta_k \geq 0$ , the sequence is *not* monotonic because  $x_{k+1}$  may be greater than  $x_k$ . Nevertheless, we can still ensure the convergence of the sequence under some mild conditions. The following result is an immediate corollary of Theorem C.2.

**Corollary C.1.** For any nonnegative sequence  $\{x_k \ge 0\}$ , if

$$x_{k+1} \le x_k + \eta_k$$

and  $\{\eta_k \geq 0\}$  satisfies

$$\sum_{k=1}^{\infty} \eta_k < \infty,$$

then  $\{x_k \ge 0\}$  converges.

*Proof.* Since  $x_{k+1} \leq x_k + \eta_k$ , we have  $(x_{k+1} - x_k)^+ \leq \eta_k$  for all k. Then, we have

$$\sum_{k=1}^{\infty} (x_{k+1} - x_k)^+ \le \sum_{k=1}^{\infty} \eta_k < \infty.$$

As a result, (C.2) is satisfied and the convergence follows from Theorem C.2.  $\Box$ 

### C.2 Convergence of stochastic sequences

We now consider stochastic sequences. While various definitions of stochastic sequences have been given in Appendix B, how to determine the convergence of a given stochastic sequence has not yet been discussed. We next present an important class of stochastic sequences called *martingales*. If a sequence can be classified as a martingale (or one of its variants), then the convergence of the sequence immediately follows.

#### Convergence of martingale sequences

♦ Definition: A stochastic sequence  $\{X_k\}_{k=1}^{\infty}$  is called a *martingale* if  $\mathbb{E}[|X_k|] < \infty$  and

$$\mathbb{E}[X_{k+1}|X_1,\dots,X_k] = X_k \tag{C.3}$$

almost surely for all k.

Here,  $\mathbb{E}[X_{k+1}|X_1, \ldots, X_k]$  is a random variable rather than a deterministic value. The term "almost surely" in the second condition is due to the definition of such expectations. In addition,  $\mathbb{E}[X_{k+1}|X_1, \ldots, X_k]$  is often written as  $\mathbb{E}[X_{k+1}|\mathcal{H}_k]$  for short where  $\mathcal{H}_k = \{X_1, \ldots, X_k\}$  represents the "history" of the sequence.  $\mathcal{H}_k$  has a specific name called a *filtration*. More information can be found in [96, Chapter 14] and [104].

♦ Example: An example that can demonstrate martingales is random walk, which is a stochastic process describing the position of a point that moves randomly. Specifically, let  $X_k$  denote the position of the point at time step k. Starting from  $X_k$ , the expectation of the next position  $X_{k+1}$  equals  $X_k$  if the mean of the one-step displacement is zero. In this case, we have  $\mathbb{E}[X_{k+1}|X_1, \ldots, X_k] = X_k$  and hence  $\{X_k\}$  is a martingale.

A basic property of martingales is that

$$\mathbb{E}[X_{k+1}] = \mathbb{E}[X_k]$$

for all k and hence

$$\mathbb{E}[X_k] = \mathbb{E}[X_{k-1}] = \cdots = \mathbb{E}[X_2] = \mathbb{E}[X_1].$$

This result can be obtained by calculating the expectation on both sides of (C.3) based on property (b) in Lemma B.2.

While the expectation of a martingale is constant, we next extend martingales to submartingales and supermartingales, whose expectations vary monotonically.

♦ Definition: A stochastic sequence  $\{X_k\}$  is called a *submartingale* if it satisfies  $\mathbb{E}[|X_k|] < \infty$  and

$$\mathbb{E}[X_{k+1}|X_1,\dots,X_k] \ge X_k \tag{C.4}$$

for all k.

Taking the expectation on both sides of (C.4) yields  $\mathbb{E}[X_{k+1}] \ge \mathbb{E}[X_k]$ . In particular, the left-hand side leads to  $\mathbb{E}[\mathbb{E}[X_{k+1}|X_1,\ldots,X_k]] = \mathbb{E}[X_{k+1}]$  due to property (b) in Lemma B.2. By induction, we have

$$\mathbb{E}[X_k] \ge \mathbb{E}[X_{k-1}] \ge \dots \ge \mathbb{E}[X_2] \ge \mathbb{E}[X_1].$$

Therefore, the expectation of a submartingale is nondecreasing.

It may be worth mentioning that, for two random variables X and Y,  $X \leq Y$  means  $X(\omega) \leq Y(\omega)$  for all  $\omega \in \Omega$ . It does not mean the maximum of X is less than the minimum of Y.

♦ Definition: A stochastic sequence  $\{X_k\}$  is called a *supermartingale* if it satisfies  $\mathbb{E}[|X_k|] < \infty$  and

$$\mathbb{E}[X_{k+1}|X_1,\dots,X_k] \le X_k \tag{C.5}$$

for all k.

Taking expectation on both sides of (C.5) gives  $\mathbb{E}[X_{k+1}] \leq \mathbb{E}[X_k]$ . By induction, we have

 $\mathbb{E}[X_k] \le \mathbb{E}[X_{k-1}] \le \dots \le \mathbb{E}[X_2] \le \mathbb{E}[X_1].$ 

Therefore, the expectation of a supmartingale is nonincreasing.

The names "submartingale" and "supmartingale" are standard, but it may not be easy for beginners to distinguish them. Some tricks can be employed to do so. For example, since "supermartingale" has a letter "p" that points down, its expectation decreases; since submartingale has a letter "b" that points up, its expectation increases [104].

A supermartingale or submartingale is comparable to a deterministic monotonic sequence. While the convergence result for monotonic sequences has been given in Theorem C.1, we provide a similar convergence result for martingales as follows. **Theorem C.3** (Martingale convergence theorem). If  $\{X_k\}$  is a submartingale (or supermartingale), then there is a finite random variable X such that  $X_k \to X$  almost surely.

The proof is omitted. A comprehensive introduction to martingales can be found in [96, Chapter 14] and [104].

#### Convergence of quasimartingale sequences

We next introduce quasimartingales, which can be viewed as a generalization of martingales since their expectations are not monotonic. They are comparable to nonmonotonic deterministic sequences. The rigorous definition and convergence results of quasimartingales are nontrivial. We merely list some useful results.

The event  $A_k$  is defined as  $A_k \doteq \{\omega \in \Omega : \mathbb{E}[X_{k+1} - X_k | \mathcal{H}_k] \ge 0\}$ , where  $\mathcal{H}_k = \{X_1, \ldots, X_k\}$ . Intuitively,  $A_k$  indicates that  $X_{k+1}$  is greater than  $X_k$  in expectation. Let  $\mathbb{1}_{A_k}$  be an indicator function:

$$\mathbb{1}_{A_k} = \begin{cases} 1, & \mathbb{E}[X_{k+1} - X_k | \mathcal{H}_k] \ge 0, \\ 0, & \mathbb{E}[X_{k+1} - X_k | \mathcal{H}_k] < 0. \end{cases}$$

The indicator function has a property that

$$1 = \mathbb{1}_A + \mathbb{1}_{A^c}$$

for any event A where  $A^c$  denotes the complementary event of A. As a result, it holds for any random variable that

$$X = \mathbb{1}_A X + \mathbb{1}_{A^c} X.$$

Although quasimartingales do not have monotonic expectations, their convergence is still ensured under some mild conditions as shown below.

**Theorem C.4** (Quasimartingale convergence theorem). For a nonnegative stochastic sequence  $\{X_k \ge 0\}$ , if

$$\sum_{k=1}^{\infty} \mathbb{E}[(X_{k+1} - X_k)\mathbb{1}_{A_k}] < \infty,$$

then  $\sum_{k=1}^{\infty} \mathbb{E}[(X_{k+1} - X_k)\mathbb{1}_{A_k^c}] > -\infty$  and there is a finite random variable such that  $X_k \to X$  almost surely as  $k \to \infty$ .

Theorem C.4 can be viewed as an analogy of Theorem C.2, which is for nonmonotonic deterministic sequences. The proof of this theorem can be found in [105, Proposition 9.5]. Note that  $X_k$  here is required to be nonnegative. As a result, the boundedness of  $\sum_{k=1}^{\infty} \mathbb{E}[(X_{k+1} - X_k)\mathbb{1}_{A_k}]$  implies the boundedness of  $\sum_{k=1}^{\infty} \mathbb{E}[(X_{k+1} - X_k)\mathbb{1}_{A_k^c}]$ .

#### Summary and comparison

We finally summarize and compare the results for deterministic and stochastic sequences.

- $\diamond$  Deterministic sequences:
  - Monotonic sequences: As shown in Theorem C.1, if a sequence is monotonic and bounded, then it converges.
  - Nonmonotonic sequences: As shown in Theorem C.2, given a nonnegative sequence, even if it is nonmonotonic, it can still converge as long as its variation is damped in the sense that  $\sum_{k=1}^{\infty} (x_{k+1} x_k)^+ < \infty$ .
- $\diamond$  Stochastic sequences:
  - Supermartingale/submartingale sequences: As shown in Theorem C.3, the expectation of a supermartingale or submartingale is monotonic. If a sequence is a supermartingale or submartingale, then the sequence converges almost surely.
  - Quasimartingale sequences: As shown in Theorem C.4, even if a sequence's expectation is nonmonotonic, it can still converge as long as its variation is damped in the sense that  $\sum_{k=1}^{\infty} \mathbb{E}[(X_{k+1} - X_k) \mathbf{1}_{\mathbb{E}[X_{k+1} - X_k|\mathcal{H}_k] > 0}] < \infty$ .

The above properties are summarized in Table C.1.

Variants of martingales	Monotonicity of $\mathbb{E}[X_k]$
Martingale	Constant: $\mathbb{E}[X_{k+1}] = \mathbb{E}[X_k]$
Submartingale	Increasing: $\mathbb{E}[X_{k+1}] \ge \mathbb{E}[X_k]$
Supermartingale	Decreasing: $\mathbb{E}[X_{k+1}] \leq \mathbb{E}[X_k]$
Quasimartingale	Non-monotonic

Table C.1: Summary of the monotonicity of different variants of martingales.

## Appendix D

### **Preliminaries for Gradient Descent**

We next present some preliminaries for the gradient descent method, which is one of the most frequently used optimization methods. The gradient descent method is also the foundation for the stochastic gradient descent method introduced in Chapter 6.

#### Convexity

- $\diamond$  Definitions:
  - Convex set: Suppose that  $\mathcal{D}$  is a subset of  $\mathbb{R}^n$ . This set is *convex* if  $z \doteq cx + (1 c)y \in \mathcal{D}$  for any  $x, y \in \mathcal{D}$  and any  $c \in [0, 1]$ .
  - Convex function: Suppose  $f: \mathcal{D} \to \mathbb{R}$  where  $\mathcal{D}$  is convex. Then, the function f(x) is *convex* if

$$f(cx + (1 - x)y) \le cf(x) + (1 - c)f(y)$$

for any  $x, y \in \mathcal{D}$  and  $c \in [0, 1]$ .

- $\diamond$  Convex conditions:
  - First-order condition: Consider a function  $f : \mathcal{D} \to \mathbb{R}$  where  $\mathcal{D}$  is convex. Then, f is convex if [106, 3.1.3]

$$f(y) - f(x) \ge \nabla f(x)^T (y - x), \text{ for all } x, y \in \mathcal{D}.$$
 (D.1)

When x is a scalar,  $\nabla f(x)$  represents the slope of the tangent line of f(x) at x. The geometric interpretation of (D.1) is that the point (y, f(y)) is always located above the tangent line.

- Second-order condition: Consider a function  $f: \mathcal{D} \to \mathbb{R}$  where  $\mathcal{D}$  is convex. Then, f is convex if

$$\nabla^2 f(x) \succeq 0$$
, for all  $x \in \mathcal{D}$ ,

where  $\nabla^2 f(x)$  is the Hessian matrix.

♦ Degree of convexity:

Given a convex function, it is often of interest how strong its convexity is. The Hessian matrix is a useful tool for describing the degree of convexity. If  $\nabla^2 f(x)$  is close to rank deficiency at a point, then the function is *flat* around that point and hence *weakly convex*. Otherwise, if the minimum singular value of  $\nabla^2 f(x)$  is positive and large, the function is *curly* around that point and hence *strongly convex*. The degree of convexity influences the step size selection in gradient descent algorithms.

The lower and upper bounds of  $\nabla^2 f(x)$  play an important role in characterizing the function convexity.

- Lower bound of  $\nabla^2 f(x)$ : A function is called *strongly convex* or *strictly convex* if  $\nabla^2 f(x) \succeq \ell I_n$ , where  $\ell > 0$  for all x.
- Upper bound of  $\nabla^2 f(x)$ : If  $\nabla^2 f(x)$  is bounded from above so that  $\nabla^2 f(x) \preceq LI_n$ , then the change in the first-order derivative  $\nabla f(x)$  cannot be arbitrarily fast; equivalently, the function cannot be arbitrarily convex at a point.

The upper bound can be implied by a Lipschitz condition of  $\nabla f(x)$ , as shown below.

**Lemma D.1.** Suppose that f is a convex function. If  $\nabla f(x)$  is Lipschitz continuous with a constant L so that

$$\|\nabla f(x) - \nabla f(y)\| \le L \|x - y\|, \quad \text{for all } x, y,$$

then  $\nabla^2 f(x) \preceq LI_n$  for all x. Here,  $\|\cdot\|$  denotes the Euclidean norm.

#### Gradient descent algorithms

Consider the following optimization problem:

$$\min_{x} f(x)$$

where  $x \in \mathcal{D} \subseteq \mathbb{R}^n$  and  $f : \mathcal{D} \to \mathbb{R}$ . The gradient descent algorithm is

$$x_{k+1} = x_k - \alpha_k \nabla f(x_k), \quad k = 0, 1, 2, \dots$$
 (D.2)

where  $\alpha_k$  is a positive coefficient that may be fixed or time-varying. Here,  $\alpha_k$  is called the *step size* or *learning rate*. Some remarks about (D.2) are given below.

- ♦ Direction of change:  $\nabla f(x_k)$  is a vector that points in the direction along which  $f(x_k)$ increases the fastest. Hence, the term  $-\alpha_k \nabla f(x_k)$  changes  $x_k$  in the direction along which  $f(x_k)$  decreases the fastest.
- ♦ Magnitude of change: The magnitude of the change  $-\alpha_k \nabla f(x_k)$  is jointly determined by the step size  $\alpha_k$  and the magnitude of  $\nabla f(x_k)$ .

- Magnitude of  $\nabla f(x_k)$ :

When  $x_k$  is close to the optimum  $x^*$  where  $\nabla f(x^*) = 0$ , the magnitude  $\|\nabla f(x_k)\|$ is small. In this case, the update process of  $x_k$  is slow, which is reasonable because we do not want to update x too aggressively and miss the optimum.

When  $x_k$  is far from the optimum, the magnitude of  $\nabla f(x_k)$  may be large, and hence the update process of  $x_k$  is fast. This is also reasonable because we hope that the estimate can approach the optimum as quickly as possible.

- Step size  $\alpha_k$ :

If  $\alpha_k$  is small, the magnitude of  $-\alpha_k \nabla f(x_k)$  is small, and hence the convergence process is slow. If  $\alpha_k$  is too large, the update process of  $x_k$  is aggressive, which leads to either fast convergence or divergence.

How to select  $\alpha_k$ ? The selection of  $\alpha_k$  should depend on the degree of convexity of  $f(x_k)$ . If the function is *curly* around the optimum (the degree of convexity is strong), then the step size  $\alpha_k$  should be small to guarantee convergence. If the function is *flat* around the optimum (the degree of convexity is weak), then the step size could be large so that  $x_k$  can quickly approach the optimum. The above intuition will be verified in the following convergence analysis.

#### Convergence analysis

We next present a proof of the convergence of the gradient descent algorithm in (D.2). That is to show  $x_k$  converges to the optimum  $x^*$  where  $\nabla f(x^*) = 0$ . First of all, we make some assumptions.

 $\diamond$  Assumption 1: f(x) is strongly convex such that

$$\nabla^2 f(x) \succeq \ell I,$$

where  $\ell > 0$ .

♦ Assumption 2:  $\nabla f(x)$  is Lipschitz continuous with a constant *L*. This assumption implies the following inequality according to Lemma D.1:

$$\nabla^2 f(x) \preceq LI_n$$

The convergence proof is given below.

*Proof.* For any  $x_{k+1}$  and  $x_k$ , it follows from [106, Section 9.1.2] that

$$f(x_{k+1}) = f(x_k) + \nabla f(x_k)^T (x_{k+1} - x_k) + \frac{1}{2} (x_{k+1} - x_k)^T \nabla^2 f(z_k) (x_{k+1} - x_k), \quad (D.3)$$

where  $z_k$  is a convex combination of  $x_k$  and  $x_{k+1}$ . Since it is assumed that  $\nabla^2 f(z_k) \preceq LI_n$ , we have  $\|\nabla^2 f(z_k)\| \leq L$ . (D.3) implies

$$f(x_{k+1}) \leq f(x_k) + \nabla f(x_k)^T (x_{k+1} - x_k) + \frac{1}{2} \|\nabla^2 f(z_k)\| \|x_{k+1} - x_k\|^2$$
  
$$\leq f(x_k) + \nabla f(x_k)^T (x_{k+1} - x_k) + \frac{L}{2} \|x_{k+1} - x_k\|^2.$$

Substituting  $x_{k+1} = x_k - \alpha_k \nabla f(x_k)$  into the above inequality yields

$$f(x_{k+1}) \leq f(x_k) + \nabla f(x_k)^T (-\alpha_k \nabla f(x_k)) + \frac{L}{2} \|\alpha_k \nabla f(x_k)\|^2$$
  
=  $f(x_k) - \alpha_k \|\nabla f(x_k)\|^2 + \frac{\alpha_k^2 L}{2} \|\nabla f(x_k)\|^2$   
=  $f(x_k) - \underbrace{\alpha_k \left(1 - \frac{\alpha_k L}{2}\right)}_{\eta_k} \|\nabla f(x_k)\|^2.$  (D.4)

We next show that if we select

$$0 < \alpha_k < \frac{2}{L},\tag{D.5}$$

then the sequence  $\{f(x_k)\}_{k=1}^{\infty}$  converges to  $f(x^*)$  where  $\nabla f(x^*) = 0$ . First, (D.5) implies that  $\eta_k > 0$ . Then, (D.4) implies that  $f(x_{k+1}) \leq f(x_k)$ . Therefore,  $\{f(x_k)\}$  is a nonincreasing sequence. Second, since  $f(x_k)$  is always bounded from below by  $f(x^*)$ , we know that  $\{f(x_k)\}$  converges as  $k \to \infty$  according to the monotone convergence theorem in Theorem C.1. Suppose that the limit of the sequence is  $f^*$ . Then, taking the limit on both sides of (D.4) gives

$$\lim_{k \to \infty} f(x_{k+1}) \leq \lim_{k \to \infty} f(x_k) - \lim_{k \to \infty} \eta_k \|\nabla f(x_k)\|^2$$
  
$$\Leftrightarrow f^* \leq f^* - \lim_{k \to \infty} \eta_k \|\nabla f(x_k)\|^2$$
  
$$\Leftrightarrow 0 \leq -\lim_{k \to \infty} \eta_k \|\nabla f(x_k)\|^2.$$

Since  $\eta_k \|\nabla f(x_k)\|^2 \ge 0$ , the above inequality implies that  $\lim_{k\to\infty} \eta_k \|\nabla f(x_k)\|^2 = 0$ . As a result, x converges to  $x^*$  where  $\nabla f(x^*) = 0$ . The proof is complete. The above proof is inspired by [107].

The inequality in (D.5) provides valuable insights into how  $\alpha_k$  should be selected. If the function is flat (*L* is small), the step size can be large; otherwise, if the function is strongly convex (*L* is large), then the step size must be sufficiently small to ensure convergence. There are also many other ways to prove the convergence such as the contraction mapping theorem [108, Lemma 3]. A comprehensive introduction to convex optimization can be found in [106].